

FLITEWAY FIGURE SKATING CLUB

2017 Summer Programming Guide

Clareview Arena / Grand Trunk Arena



SKATECANADA

June Camps: June 12th to 30th

Summer Camps: July 3rd to August 11th

April/May Ice Available

North Edmonton's Place To Skate!

CASTLE DOWNS 11520-153 AVE., Edmonton

Club Office 780.472.1810 / infofliteway@gmail.com

Program Director: Clyde Hammer: hammerclyde@gmail.com

www.fliteway.ca



Non-Members Packages

Registration is on a first come first served basis and will depend on session availability.

All fees include group time (stroking), ice fees, and off-ice training sessions. Private lessons are an additional cost and must be booked through your chosen coach.

Registration Procedures

- Payments: Cheques: (please make cheques payable to Fliteway Figure Skating Club)
- REFUNDS (ONLY with a doctor's note) or prior to the first day of classes.
- All skaters must be registered with Skate Canada
- Prices include off-ice and on-ice sessions and are based on weekly packages. **NO** substituting off-ice classes with on ice classes. **NO** designing your own packages.

Guest Coaches

The Fliteway FSC's June, July, and August programming is open to non-member coaches and skaters. All skaters and coaches must abide by the Fliteway FSC's rules and regulations. **Guest coaches must have approval by the director (Clyde Hammer) before coaching at our off-season schools.** To apply for coaching approval, please email hammerclyde@gmail.com

<p>Off-ice classes</p> <p>Skaters will need running shoes and a skipping rope We will be outside on most days. *water bottle, bug spray, sunscreen, running shoes*</p>	<p>Summer Theme Days</p> <p>Each week in the summer will have a different fun theme day. Themes TBA during Summer School.</p>
---	--

<p><u>Summer Camps</u></p> <p>Spin Specialist Lessons / Pole Harness Lessons / DartFish Video Review / Choreography: Several Options Music Taping/Selecting / Technical Specialist Consultant Daily Off-ice Classes / Daily Stroking Classes / Dance & Freeskate Pair Sessions / Pair Tryouts</p>
--

<p><u>City Of Edmonton (Come for the training and enjoy all the city has to offer)</u></p> <p>Valley Zoo / Fort Edmonton Park / West Edmonton Mall World TELUS Science Centre / Numerous Festivals offered throughout June, July and August</p>
--

Clareview Recreational Centre

We will be training out of the Clareview Recreational Centre for our summer camps. This is a beautiful facility complete with a pool, gymnasium, 2 ice pads, fitness centre, soccer field and much more. Conveniently located close to Costco, Wal-Mart and numerous other stores and outlets.

Skating Levels

<p><u>Junior</u></p> <p>STAR 1,2,3 (very beginner, working on single jumps)</p>	<p><u>Intermediate B</u></p> <p>STAR 3,4,5 (Single Jumps, working on or landing axel and doubles)</p>	<p><u>Intermediate A</u></p> <p>STAR 4,5,6 Pre Juvenile (Double Jumps)</p>	<p><u>Senior</u></p> <p>Juvenile to Senior Competitive / Able to land 3 different double jumps</p>
--	--	---	---

Fliteway Professional Coaching Staff: Please visit our website at www.fliteway.ca

Junior High-Performance Camp (HP)

June 12,13,14,15 (Grand Trunk Arena)

Senior STAR / Intermediate A / Sectional Competitors

<p>Monday To Thursday 3:45-4:15pm Off-ice warm-up 4:30-4:45pm Edges 4:45-5:30pm Freeskate #1 5:30-5:45pm FLOOD 5:45-6:00pm Spins 6:00-6:45pm Freeskate #2 6:45-7:00pm Endurance Stroking 7:05-7:20pm Cool Down Stretching</p>	<p>Intense 4 day training camp</p> <p>Open To *Pre Juvenile to Senior Competitive *All Senior/Intermediate A Skaters</p>
--	---

Grand Trunk Arena 13025 112st. NW, Edmonton

June Camps June 19th to 30th (Grand Trunk Arena)

Open To: Junior/Intermediate B /Intermediate A/Senior STARSkate

June Camp #1: June 19,20,21,22,23 (Monday to Friday)

June Camp #2: June 26,27,28,29,30 (Monday to Friday)

Junior	Intermediate B	Intermediate A	Senior
<p>Mon/Wed/Fri 5:45-6:15pm Off-ice 6:30-7:30pm Freeskate</p>	<p>Mon/Wed/Fri 5:45-6:15pm Off-ice 6:30-7:30pm Freeskate</p>	<p>Mon/Wed/Fri 4:30-5:15pm Freeskate 5:15-5:30pm FLOOD 5:30-6:15pm Freeskate 6:30-7:00pm Off-ice</p>	<p>Mon/Wed/Fri 4:30-5:15pm Freeskate 5:15-5:30pm FLOOD 5:30-6:15pm Freeskate 6:30-7:00pm Off-ice</p>
<p>Tuesday 6:15-7:00pm Freeskate 7:00-7:15pm Group</p>	<p>Tuesday 7:00-7:15pm Group 7:15-8:00pm Freeskate 8:00-8:15pm Spins</p>	<p>Tuesday 7:00-7:15pm Group 7:15-8:00pm Freeskate 8:00-8:15pm Spins</p>	<p>Tuesday 4:30-5:15pm Freeskate 5:15-6:00pm Freeskate</p>
<p>Thursday 5:15-5:30pm Group 5:30-6:15pm Freeskate</p>	<p>Thursday 4:30-5:15pm Freeskate 5:15-5:30pm Group 5:30-6:00pm Off-ice</p>	<p>Thursday 4:30-5:15pm Freeskate 5:15-5:30pm Group 5:30-6:00pm Off-ice</p>	<p>Thursday 5:30-6:00pm Off-ice 6:15-7:00pm Freeskate 7:00-7:15pm FLOOD 7:15-8:00pm Freeskate</p>

June Packages	Junior	Intermediate B	Intermediate A	Senior
HP Camp	N/A	N/A	\$72.00	\$72.00
June Camp 1	\$52.00	\$58.00	\$73.00	\$76.00
June Camp 2	\$52.00	\$58.00	\$73.00	\$76.00

Grand Trunk Arena 13025 112st. NW, Edmonton

Arena Locations: Grand Trunk: 13025 112St. Clareview Arena: 3804 139Ave, Edmonton

Summer Camps / Clareview Arena

July 3rd to August 11th, 2017

Junior	Intermediate B	Intermediate A	Senior
<p style="text-align: center;"><u>Monday/Wednesday</u> 5:00-5:45pm Freeskate 5:45-6:00pm Group 6:05-6:35pm Off-ice</p>	<p style="text-align: center;"><u>Monday/Wednesday</u> 3:15-4:30pm Freeskate 4:30-4:45pm Group 4:45-5:00pm Flood 5:00-5:15pm Skills/Dance 5:30-6:00pm Off-ice</p>	<p style="text-align: center;"><u>Monday/Wednesday</u> 2:45-3:15pm Spins/Dance/Skills 3:15-4:30pm Freeskate 4:30-4:45pm Group 5:30-6:00pm Off-ice</p>	<p style="text-align: center;"><u>Monday/Wednesday</u> 12:30-1:15pm Freeskate 1:15-1:30pm FLOOD 1:30-2:15pm Freeskate 2:15-2:30pm Group 2:30-2:45pm FLOOD 2:45-3:15pm Spins/Dance/Skills 3:30-4:00pm Off-ice</p>
<p style="text-align: center;"><u>Tuesday/Thursday</u> 4:15-4:45pm Off-ice 5:00-5:45pm Freeskate 5:45-6:00pm Group</p>	<p style="text-align: center;"><u>Tuesday/Thursday</u> 2:15-2:45pm Off-ice 3:15-4:30pm Freeskate 4:30-4:45pm Group 4:45-5:00pm Flood 5:00-5:15pm Skills/Dance</p>	<p style="text-align: center;"><u>Tuesday/Thursday</u> 2:15-2:45pm Off-ice 3:00-3:15pm Spins/Dance/Skills 3:15-4:30pm Freeskate 4:30-4:45pm Group</p>	<p style="text-align: center;"><u>Tuesday/Thursday</u> 12:30-1:15pm Freeskate 1:15-1:30pm FLOOD 1:30-2:15pm Freeskate 2:15-2:30pm Group 2:45-3:15pm Off-ice</p>
<p style="text-align: center;"><u>Friday</u> 8:00-8:45am Freeskate 8:45-9:15am Group 9:30-10:00am Off-ice</p>	<p style="text-align: center;"><u>Friday</u> 8:00-8:45am Freeskate 8:45-9:15am Group 9:15-9:30am Flood 9:30-10:00am Freeskate 10:30-11:00am Off-ice</p>	<p style="text-align: center;"><u>Friday</u> 8:00-8:45am Freeskate 8:45-9:15am Group 9:15-9:30am Flood 9:30-10:15am Freeskate 10:30-11:00am Off-ice</p>	<p style="text-align: center;"><u>Friday</u> 9:15-9:45am Off-ice jumps 10:00-10:45am Freeskate 10:45-11:00am FLOOD 11:00-11:45am Freeskate 11:45-12:15pm Group</p>

Clareview Arena 3804 139Ave. Edmonton

July Packages	Junior	Intermediate B	Intermediate A	Senior	
July Camp 1	July 3,4,5,6,7	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 2	July 10,11,12,13,14	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 3	July 17,18,19,20,21	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 4	July 24,25,26,27,28	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 5	July 31, Aug. 1,2,3,4	\$73.00	\$101.00	\$107.00	\$115.00
July Camp 6	Aug, 7,8,9,10,	\$59.00	\$81.00	\$86.00	\$92.00
BC Comp. Ice Sunday	Aug. 13	NA	\$16.00	\$16.00	\$16.00
BC Comp. Ice Monday	Aug. 14	NA	\$16.00	\$16.00	\$16.00
BC Comp. Ice Tuesday	Aug. 15	NA	\$16.00	\$16.00	\$16.00

Test Day (August 11th, 9:00am to 1:00pm)

BC Summer Competition Extra Training Ice (August 13,14,15)

Open to all Senior /Intermediate A or skaters attending the BC Competition

7:30-9:30am (Sunday/Monday/Tuesday)

Dance/Freeskate Pair Tryouts:

Fliteway is currently home to 3 competitive pair teams. We are especially interested in any boys that are interested in either Freeskate Pairs or Dance Pairs. To learn more or for an audition, please contact Clyde Hammer at hammerclyde@gmail.com (We encourage skaters to remain with their current coaches and clubs. The pairs program is an extra outside of their regular skating and offered at times that don't interfere with their current schedules) You can even pair up with someone from your club and train at home under the pairs program system.

Under the direction of Leonard Bakker and Clyde Hammer



(780) 472-1810 www.fliteway.ca

Mailing Address: P. O. Box 31072, Edmonton, AB, T5Z 3P3

infofliteway@gmail.com or hammerclyde@gmail.com

STARSkate Summer 2017 Registration Form

First Name: _____ Last Name: _____

Parents Name(s) or Guardian(s): _____

Address: _____

Street

City

Postal Code

Phone #: _____ Email: _____

Home Club: _____ Skate Canada #: _____

Coaches Name: _____ Will your coach be attending? YES NO

LIABILITY WAIVER AND RELEASE

I give permission for my child _____ to participate in the Fliteway Figure Skating Club Skating programs and/or additional activities. This includes all on-ice and off-ice sessions and any other programs offered by Fliteway Figure Skating Club. It is understood and agreed, as a condition of participation in skating programs offered by the Fliteway Figure Skating Club and Skate Canada, that neither the Club nor Skate Canada shall be liable for any injury, loss or damage suffered by the above-noted member while traveling to or from or while participating in skating practices, competitions or other activities, however caused. The member, or his/her parent/legal guardian who has signed this form, shall indemnify the Club and Skate Canada and hold them harmless from any claims, demands or actions arising from or in respect of such injury, loss or damage.

PARENT/LEGAL GUARDIAN SIGNATURE/ DATE

Packages	Junior		Int. B		Int. A		Senior	
HP Camp	NA		NA		\$72.00		\$72.00	
June Camp 1	\$52.00		\$58.00		\$73.00		\$76.00	
June Camp 2	\$52.00		\$58.00		\$73.00		\$76.00	
July Camp 1	\$73.00		\$101.00		\$107.00		\$115.00	
July Camp 2	\$73.00		\$101.00		\$107.00		\$115.00	
July Camp 3	\$73.00		\$101.00		\$107.00		\$115.00	
July Camp 4	\$73.00		\$101.00		\$107.00		\$115.00	
July Camp 5	\$73.00		\$101.00		\$107.00		\$115.00	
July Camp 6	\$59.00		\$81.00		\$86.00		\$92.00	
Aug. 13	NA		\$16.00		\$16.00		\$16.00	
Aug. 14	NA		\$16.00		\$16.00		\$16.00	
Aug. 15	NA		\$16.00		\$16.00		\$16.00	
TOTAL	\$		TOTAL	\$	TOTAL	\$	TOTAL	\$

Please make all cheques payable to the Fliteway Figure Skating Clubs